



# KAMALINI SPA

CENTURIES OF SENSATION

Kamalini Spa at Arkamara Dijiwa Ubud is a pure refreshment, a relaxation of the soul, a pure journey of revival. Inspired by natural beauty on the island of Bali along with its culture of Bali as tradition are revived for you to enjoy. Treat yourself to this rich history, in which unique natural ingredients found in various indigenous flowers are combined with the skilled therapist to provide a very special health and beauty experience.



# KAMALINI SIGNATURE PACKAGE

## The Kamalini Royal Ritual

| 180 Minutes

**IDR 2400K**  
NET / PERSON

*(Kamalini foot ritual, Kamalini therapy massage, Lotus & lavender scrub, Kamalini cleansing ritual, Melukat)*

Step into our sanctuary of tranquility and prepare to be enchanted by a series of luxurious treatments. From lavish massages to rejuvenating facials, each aspect of this package has been meticulously curated to indulge your senses and elevate your spa experience to new heights of relaxation.

## Pure Indulgence

| 150 Minutes

**IDR 1600K**  
NET / PERSON

*(Kamalini foot ritual, Aromatherapy massage, Green tea body scrub, Botanical facial, Milk bath)*

Embark on a journey of bliss as you immerse yourself in a series of decadent treatments designed to rejuvenate your body and soothe your soul. From soothing massages to body scrub and rejuvenating facials, sink into serenity as the warm waters with milk to soothe your muscles and uplift your spirits, leaving you feeling renewed and revitalized. Every aspect of this package is crafted to indulge your senses and leave you feeling utterly pampered.

## The Healing Myth

| 150 Minutes

**IDR 1750K**  
NET / PERSON

*(Foot bath, Herbal compress massage, Balinese boreh mask, Natural beauty facial, Herbal bath)*

This traditional Balinese treatment uses an age old recipe to prevent colds during the rainy season. It involves a paste made from fresh herbs and spices, which is applied to the body to increase blood circulation and ease muscle pain and continue with natural beauty facial, enjoy the lavish bath with a cup of warm ginger and lemongrass tea to relax your body.

## Cakra Balancing

| 90 Minutes

**IDR 1350K**  
NET / PERSON

Cakra balancing massage combines the principles of traditional massage therapy with techniques aimed at aligning and balancing the body's chakras with singing bowl. This type of massage focuses not only on physical relaxation but also on promoting energy flow and harmony throughout the body.

## Re - Start Rejuvenation Massage

| 90 Minutes

**IDR 975K**  
NET / PERSON

This signature treatment combines Balinese, Thai, Shiatsu, TCM, Lomi-lomi, and Californian long stroke massages. Expertly curated to ensure a seamless flow, it's designed for ultimate relaxation, culminating in a surprising rejuvenating twist. Surrender to soothing strokes and emerge feeling deeply refreshed and invigorated.





# COUPLE TREATMENT

## Kamalini Sensation

| 90 Minutes

**IDR 1875K**  
/ COUPLE

*(Kamalini foot ritual, Balinese massage, Refresher Facial)*

Experience the unique sensation of Kamalini Spa treatments. Selected treatments begin with foot ritual, implementing the symbols of Asian cultures. Reconnect the mind and body with focused intention and a healing touch of Balinese massage, followed by refresher facial, a unique treatment using sensatia product are perfect for all skin types.

## Kamalini Romance

| 150 Minutes

**IDR 3000K**  
/ COUPLE

*(Kamalini foot ritual, Balinese massage, Frangipani body scrub, Botanical facial, Romantic flower bath)*

Romantic indulgence for a truly romantic treatment to make you feel your best, with romantic milk bath that connect you with your partner. The experience will conclude with Balinese lulur scrub to exfoliate the dead skin cell and a total relaxing massage bringing you to mutual level of relaxation.

## Harmony Couple Package

| 120Minutes

**IDR 2450K**  
/ COUPLE

*(Kamalini foot ritual, Swedish massage, Lavender body scrub, Romantic Milk Bath)*

Indulge in the ultimate relaxation experience with our Harmony Couple Package, where you and your partner can escape the stresses of everyday life and immerse yourselves in tranquility together. Begin your journey with foot ritual and continue with Swedish massage, and feel your new skin after lavender body scrub, finally immerse yourselves in a blissful milk bath, nourishing properties of milk will envelop you in softness and hydration.

## Blissful Couple Escape

| 90 Minutes

**IDR 1750K**  
NET / PERSON

*(Kamalini foot ritual, Balinese massage, Green tea body scrub)*

Let go of the outside world as you immerse yourself in a blissful escape together and revel in a couple's retreat that promises serene indulgence. Start with a soothing foot ritual, transition into a harmonious full body massage, and conclude with an exfoliating body scrub. It's a perfect symphony of treatments for two, crafted for relaxation and connection.



# BODY TREATMENTS

## Aromatherapy Massage

| 60 Minutes

**IDR 750K**  
NET / PERSON

It seems like you're referring to aromatherapy massage, which is a type of massage therapy that incorporates the use of essential oils to enhance the therapeutic benefits of the massage. Aromatherapy has been used for centuries as a holistic healing practice, and when combined with massage, it can offer a deeply relaxing and rejuvenating experience.

## Balinese Massage

| 60 Minutes

**IDR 750K**  
NET / PERSON

Balinese massage is known for its deeply relaxing effects on both the body and mind. It can help alleviate muscle tension, reduce stress, improve sleep quality, and promote overall well-being. Many people find it to be a rejuvenating experience that leaves them feeling refreshed and revitalized.

## Neck & Shoulder Recovery

| 30Minutes

**IDR 400K**  
NET / PERSON

The perfect way to relieve shoulder pain, anxiety, and stress. A head and shoulder massage using an acupressure technique is performed to promote healing by correcting energy imbalance within the body.

## Foot Reflexology

| 60 Minutes

**IDR 700K**  
NET / PERSON

Experience a sense of deep relaxation as our therapists work to release blocked energy and restore vitality to tired feet. With each precise movement, feel stress and fatigue dissolve, leaving you feeling rejuvenated and refreshed.

## Hot Stone Massage

| 90 Minutes

**IDR 1000K**  
NET / PERSON

Hot stone massage is a therapeutic massage technique that involves the use of smooth, heated stones placed on specific points of the body and used by the massage therapist as an extension of their hands during the massage. The combination of heat and massage helps to relax muscles, alleviate tension, and promote a deep sense of relaxation.

## Deep Tissue Massage

| 90 Minutes

**IDR 1000K**  
NET / PERSON

Deep tissue massage is a type of massage therapy that focuses on realigning deeper layers of muscles and connective tissue. It's particularly beneficial for relieving chronic tension, muscle pain, and stiffness in specific areas of the body.

## Herbal Compress Massage

| 90 Minutes

**IDR 1100K**  
NET / PERSON

Feel the stress melt away as the soothing warmth of the compress penetrates deep into your muscles, easing aches and pains and restoring balance to your body and mind. With each passing moment, feel yourself enveloped in a cocoon of tranquility and well-being.



# BEAUTY TREATMENTS

## Botanical Facial

| 60 Minutes

**IDR 850K**  
NET / PERSON

A botanical facial is a multi-step treatment cleanses, exfoliates, face massage for uplifting, and nourishes the face with natural mask ingredients, promoting the healthier and rejuvenated appearance, relax and enjoy hand, shoulder, and head massage during mask.

## Natural Beauty Facial

| 60 Minutes

**IDR 650K**  
NET / PERSON

This Balinese facial uses natural ingredients like yogurt for cleansing, sugar for exfoliating, carrot and cucumber for toner, and clay for mask will nourish and rejuvenated your skin.

## Refresher Facial

| 30 Minutes

**IDR500K**  
NET / PERSON

Indulge in a gentle cleansing process to rid your skin of impurities, followed by a refreshing exfoliation to unveil a brighter, smoother surface. Our skilled estheticians will then apply a nourishing mask to hydrate and revitalize your skin,

# BODY SCRUB

## Balinese Body Scrub

| 30 Minutes

**IDR 450K**  
NET / PERSON

Inspired by ancient Balinese rituals, this exquisite scrub combines traditional spices and herbs to create a deeply invigorating and aromatic experience. Allow our skilled therapists to massage the Balinese Boreh blend into your skin, gently exfoliating and stimulating circulation to leave you with a radiant glow.

## Frangipani Body Scrub

| 30 Minutes

**IDR 450K**  
NET / PERSON

Experience the calming sensation as the gentle exfoliation invigorates your senses, transporting you to a tranquil oasis of serenity. Enveloped in the sweet, floral aroma of frangipani, feel your worries melt away as you surrender to pure relaxation.

## Green Tea Body Scrub

| 30 Minutes

**IDR 450K**  
NET / PERSON

Immerse yourself in the rejuvenating power of nature with our Green Tea Body Scrub, a refreshing and invigorating treatment designed to revitalize your skin and soothe your senses.

## Chocolate Milk Body Mask

| 30 Minutes

**IDR 450K**  
NET / PERSON

As you apply this velvety-smooth mask to your body, you'll experience an instant sensation of relaxation and rejuvenation. The nourishing properties of cocoa help to moisturize and hydrate your skin, leaving it feeling soft, supple, and deeply replenished.







# BATHING RITUAL

## Romantic Balinese Flower Bath

| 30 Minutes

**IDR 500K**  
NET / PERSON

The degree of togetherness and closeness you share with your partner during this time is nearly unmatched by any other romantic moment. A romantic bath can ease away a stressful day. Making the most of this romantic ritual can light just about anyone's romantic fire. Started by the Romans as far back about 500Bc, the art of immersing yourself in baths will generate a balance of senses leaving you inspired with calmness. The bath could be experienced with your loved one in the privacy of your villa room or at the Kamalini Spa.

## Kamalini Royal Milk Bath

| 30 Minutes

**IDR 500K**  
NET / PERSON

Experience Kamalini beauty secret with a sensual bath with organic Milk, Rose petals, Kamalini flower and Rose essential oil. Milk is rich in lactic Acid which gently exfoliates the skin, leaving it soft and supple whilst Rose petals float on top of the water leaves your body and soul refined.

## Lemongrass & Citrus Bath

| 30 Minutes

**IDR 500K**  
NET / PERSON

Soak away the tension and stress in a bath scented with lemongrass and sweet Balinese oranges that are cultivated in Bali. Enjoy the lavish bath with a cup of warm lemongrass tea to relax your body.